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# THE IMPACT OF OTHER YOGA-SYSTEMS ON HEMACANDRA'S YOGA SĀSTRA

#### Sagarmal Jain

Among the eminent and versatile Acaryas of Jaina tradition, who wrote the works on Jaina-yoga system, such as Jinabhadragani, writer of Dhvanasataka (A.D.5th-6th century), Pujvapada Devanandi. Writer of Samādhitantra, and Istoupadeśa (A.D.5th-6th century) Ācārva Haribhadra writer of Yoga-vinśikā, Yoga-śataka, Yoga-drstisummucaya and Yogabindu (8th century), subhacandra writer of Jñanārnava (A.D. 11th-12th century), the Hemacandra writer of Yoga-śāstra is most prominent. Though the Yogaśāstra of Hemcandra is considered as one of best works of Jaina-yoga. But if we consider on it thoroughly, we have the impacts of various pervious Jaina and non-*jaina Acarvas* on it. In general we can say that this work is influenced by many works of previous Jaina Acārvas as well as non-Jaina Ācāryas. In the field of Jaina-yoga we have some impact of non-Jaina Ācāryas an their works such as Patañjali's Yoga-śāstra as well as Gheranda samhita, Hatha yoga pradipika etc. along with some Jaina Ācāryas and their works such as yoga works of Ācārya Haribhadra and Jñārnava of Subhacandra of Digambara sect, on it.

But in canonical age as well as in the post canonical age i.e. the age of *Haribhadra*, it is very difficult to see any impact of earlier *Jaina* and non-*Jaina*  $\bar{A}c\bar{a}ryas$  and their works, except the *yogasūtra* of *Patañjali indirectly* or directly, directly they are based in *Jaina* canonical concept. In the works of *Haribhadra* we do not find any

mention of *prāņāyāma, ṣaṭcakras* and their relating concepts. In the history of *Jaina-yoga* for the first time *prāṇāyāma* was mentioned in *Jñanārṇava of Subhacandra* and then *Ācārya Hemacanra's Yoga-śāstra*. *Hemacanra's Yoga-śāstra*. *Hemacanra's yogaśastra* is a blend of canonical concepts of *Jaina* ethics, religion and metation along with *Patañjali's Yoga-sūtra* and *tantric* practices of *Hindu Haṭth-yoga* and *Budhist yogic-sadhana*. Let us we try to see the impacts of previous *Jaina* Ācāryas and their works on *Yoga-śāstra* of *Hemacandra* chapter-vise.

Its first chapter deals with the importance of Yogic-sādhanā as well as five mahavratas, pañcasamitis and three guptis which were considere as the basic code of conduct of *Jaina* monks and nuns. Here Hemacanra follows the Jaina canonical tradition. At the last of this first chapter of his Yoga-śāstra, Hemacanra deals with thirty-five mārgānusāri qualities of a house holder, we do not find any reference of these thirty-five qualities of a house holder, we do not find any reference of these thirty-five qualities in Jaina canonical works, these thirty-five qualities of a house-holder first of all discussed by Haribhadra in his work namely Dharmabindu. I think that these thirty-five qualities of house-holder Hemacandra's yoga-śāstra, are borrowed from Haribhadra. Similarly the second an third chapters of yoga-śāstra deals with reght-vision (Samyak-darśana) along with twelve vows of house holder in detail, which are also based on the Jaina canonical work and other traditional works, such as Tattvārthasūtra etc. Here one thing to be noticed that while discussing stealing Hemacandra mentions a new concept that "ill luck, slavery, cutting of the organs of any-one living being, and poverty are also the same as steeling". The fourth chapter of Yoga-śāstra is devoted to the Jaina spirituality and science of meditation along with the practice of equanimity, which is the base of Jaina spiritual sādhanā. In this chapter Hemacandra also mentions some brief description of medition, four basic feelings (bhāvanās), which are necessary for meditation, along with some of the bodily postures. While dealing all these Hemecandra

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also follows the Jaina canonical and traditional works. Except some of the bodily postures, there is noting new in this chapter, which can be considered as an impact of other Jaina and non-Jaina Ācārvas and their works the fifth chapter of yoga-śāstra is devoted to prānāmyāma. In this fifth chapter we find the direct impact of Patañgali's Yoga-sūtra as well as Hatha-yoga pradipika and Gherandasamhita on Hemacandra. In its first verse Hemacandra mentions that "having obtained mastery on various postures Patañjali and others advocated the necessity of pranavama (breath-control) for securing meditational power, as otherwise there will be no control over the mind". Here Hemacandra advocated the necessity of Prāņāyāma, while in earlier Jaina tradition prānāyāma has not been accepted as an essential limb of Yogic-sādhanā. Though in this fifth chapter Hemacandra gives a very detail account regarding the Prāņāyāma, but in the sixth chapter of his Yogaśāstra he him-self rejected the necessity of *prānāvāma*, he writes".

तत्राप्नोति मनःस्वास्थ्यं प्राणायामैः कदर्थितम्। प्राणस्यायमने पीड़ा तस्यां स्याच्चित्तविप्लवः ।।४।। पूरणे कुम्भने चैव रेचने च परिश्रमः । चित्तसंक्लेशकरणान् मक्तेः प्रत्यूहकारणम् ।।५।।

Mind does not get stability if it is put to trouble through exercises of the breath-control because while controlling the breath the body also undergoes discomfort and distress, and this again becomes the cause of mental imbalance. Inhaling, suspending, and exhaling involve hard labors. This, on its part, produces grief; and the aggrieved state of mind and thus really blocks the way to salvation.

On this account we can say that the fifth chapter of *Yoga-śāstra* of *Hemacandra* is fully borrowed from *Patañjali's Yogasutra* and *Hațh yogapradipikā*. But being an *Acārya* of Jain-tradition in the sixth chapter of *Yoga-śāstra* he rejected the necessity of *prānāyāma*, because it was not accepted as an essential feature of *Jaina-yoga-sādhanā* in *Jaina* canonical works as well as even by *Haribhadra*, a

founder of Jaina-voga system. In the fifth chapter of vogaśāstra Hemacandra deals with prānāyāma along with the forecasting of death. He discusses this concept of fore casting of death on various grounds with much detail, such as the moment of breath in the various nadis, external signs, dreams, shadows as well as some other symptoms namely the absence of taste, hearing, smelling etc. Hemacandra discusses this in very detail, near about two hundred verses. I have tried to know the original sources of these verses, but remain unable to find out them Pujva muni Jumbuvijavaji also did not give any trace regarding these verses. I have found only some traces of it in Bhavisyapurāna and Garūthapurana. As I have already mentioned the sixth chapter of Yogaśāstra is fully devoted for the negation of the utility of *prānāyāma*, this chapter ends only in eight verses. The seventh chapter of *yoga-śāstra* introduces the various levels of meditation. In this chapter he mentions the four types of dharmadhyāna i.e. the Piņdastha, Padastha, Rūpastha and Rūpātita and five dharanas (thought processes) which are based of five elements such as earth, fire, wind, water and the real nature of self. In earlier Jaina canonical works we do not find any traces regarding these four types of dyānas and five types of dhāranās. Ācārva Haribhadra also silent regarding these in his various *voga*-works.

After Haribhadra, there are two other Jaina  $\bar{A}c\bar{a}ryas$  namely Subhachandra (11th century) and Hemachandra (12th century) whose contribution in the field of Jaina-yoga are remarkable. Subhachandra belongs to Digambara Jaina tradition and his famous Yoga work is known as Jnānārnava, while the Hemachandra belongs to Svetambara Jaina tradition and his notable work is known as Yogaśāstra. For yogic sadhanā Hemachandra prescribes the fourfold virtues of maitri (friendship with all beings), pramoda (appreciation of the merits of others), karuna (sympathy towards the needy person) and Madhyastha (equanimity or indifference towards unruly), as the prerequisite of the auspicious meditation (Yogaśāstra 4/117). Here, it is to be noted that these four reflexions are also accepted in Buddhism and Yoga-sūtra of Patañjali. Secondly while discussing the Dharmadhyāna Hemachandra mentions four types of it, such as pindastha, padastha, Rūpastha and Rūpatita, along with five types of dharanās i.e. pārthivi, āgnevī, vāvavī (svasana), vārunī and tattvarūpavati of the *pindastha dhyanā*, Here it is to be noted that these four types of dhyānas and five types of dharanās are also available in Buddhist and Hindu Tantric Literature, but not in early Jaina-literature. Though Hemachandra in his Yogaśāstra generally deals with three jewels of Jainism i.e. right knowledge, right vision and right conduct, but among these three, he has given more stress on right conduct. While dealing with meditational methods he also elaborately discusses the *pindastha*, padastha, rūpastha and rūpatita dhāyan along with above mentioned five dharanas. But in this regard scholars are of the opinion that he borrowed these ideas either from Subhachandra's Jñānārnava, which is an earlier work to his Yogashastra of form Gheranda Samhita directly.

In short, these types of dhyana and dharana are either borrowed from Hindu Tantra or Hemachandra followed the Subhachandra concept of dhyana and dharana. We see that the impact of other systems of Yoga-sadhana can easily be seen on Hemachandra's Jaina-Yoga. We can also see the impact of Patanjali's Yoga-sutra on Hemachndra's Yogashastra. In Jaina canonical works, we do not have any reference regarding practice of Pranayama. But Hemachandra in the fifth chapter of Yoga shastra mentions the various kinds of pranayamas in all sixty verses. Not only this he also mentions about three nadis i.e. Ida, pingala and shusumna. It is crystal clear that all this he barrowed from Patanjali's Yogasūtra, Gherandda-Samhitā, Skandapurāna, Śivasamhita of Hindu tradition as well as from Amitagati's Shravakacara, Vasunandi's Sravakachara, Adipuran, Tattvanushasan of Nagasena and Paramatma-prakasha of Digambara of Digambara sect. Eighth chapter of Hemacandra's yoga-śāstra is devoted to padastha-dhyāna. This chapter fully concern with māntrika sādhanā. Though in this chapter Hemacandra has taken the help of Hindu-mantras, but he tried to make them according by Jaina tradition. In this regard he was influenced by previous Jaina Ācāryas such as Haribhadra, subhacandra and some others. Nineth chapter of yogaśāstra deals with the rūpasthadhyāna and the tenth chapter of it is devoted to the nature of liberated souls along the four sub-types of dharma dhyāna i.e. Ājñavicaya, Apāyavicaya vipāka-vicaya and sansthana-vicaya in detail. This chapter deals with these, according to Jaina canonical works and dhyana sataka. The eleventh chapter of yoga śāstra deals with the śukla-dhyana with its four sub types along with some special qualities of the Arhat or the Tirthankar. This chapter also discusses the process of Samuddhata and achieving liberation (siddha gati). All the discussion of this chapter is based on Jaina's traditional literature. The last twelth chapter deals with four types of mind i.e. (1) vikşipta (2) yātāyāta (3) śilişta and (4) sulina in detail. This kind of division of mind Hemacandra barrowed from the Goraksanāth's Amanaska-yoga.

In this field the contribution of Muni Shri Jambuvijayaji is remarkable. He has given a comparative as well as exhaustive list of the verses of *Yoga-śāstra* and above mentioned works in the third volume of *yoga-śāstra mits Ist appendix* Similarly about four seeing at the age and death he also picked-up the informations from the above mentioned texts. Thus we can conclude that while writing *Yogashastra*, Hamachandra was influenced by other Indian yoga systems particularly Patñtagali's *Yogasutra*, Hathyogapradīpikā, Amanaskayoga of Gorakṣanātha, Kulārṇava and Gherndasaṁhita of Hindu tradition, Tattvānuśāsana of Nāgasen of Buddhist tradition as well as subhachadra's Jñānārnava of Digambara sect. Here it is to be noted that Hemacandra in writing his yogaśāstra mostly depended on subhacandra's Jñānārṇava along with some Swetambara texts such as Dhyānaśataka, and its Haribhadriyatika, praśamarati, of Umaswati, Brahatkalpabhāṣya etc.

#### LAYMAN-ETHICS AS PROPOUNDED IN THE STORY OF ĀNANDA IN JAIN LITERATURE

#### Dr. Lopamudra Bhattacharyya

Ānanda is the name of a house holder disciple of Lord Mahāvīra, on whose name the first chapter of Upāsakadasā, an Anga canonical literature was constructed. Presenting the subject matter through the dialogues between Ārya Sudharmā and Jambu is a very common style of Ardhamāgadhī literature. The title of the chapter is more likely to be of a story related to the excellence of laymen spirituality. Jain Ardhamāgadhī literature acclaim to be the original source of Lord Mahāvīra's sermons. Generally it is believed by the Jains that the canonical literatures are authentic by its nature. Therefore, it needs no further testimony. So it is believed that there was some one Ananda at the time of Lord Mahāvīra who became his follower and a famous *śrāvaka* of that time. The chapter depicts pious character of Ānanda in order to set an example of an ideal layman before the then Jain society. Generally to denote such facts legend or a narrative used to be a very popular prop at that time. In that respect Ananda is an exception. Whole chapter is divided into some paragraphs related to specific activities starting from the very first meeting of Ananda and Lord Mahāvīra till Ānanda's next birth in the abode of heaven. It seems that it has been tried to record the life of Ananda's in a manner of fact in the name of Ananda but the style of a legend has been avoided. Though latter Jain literatures plunged into popular style of composition but to maintain the authenticity of the character it was necessary to avoid exaggerations of a legend or a narrative. Though it resembles with narratives to some extent but mostly it is descriptive in nature. Repetition of paragraphs in describing different things is one of the very prominent features of Ardhamāgadhī literature. Repetition interrupts the spontaneous flow of the story. Some times description of a city, a royal palace or a castle is instructed to be recurred from the earlier source to the present context. These kinds of instructions are

found only in grammatical or philosophical treatises. This particular nature seperates the chapter of Ananda from a narrative tale. The chapter of Ananda is a combination of frequent repetition and more often the case of recursion of facts. The story of Ananda is nothing but the spiritual upliftment of a house holder to a state of profound wisdom called clairvovance. It was a great achievement for a laymen. In this course the quest of Gautama, the chief ganadhara of Lord Mahāvīra regarding Ānanda's avadhijñāna and his higher level of arduous endeavour had fuelled up ardent desire of spirituality among lay people. Rightly this was the main objective of Upāsakadasā. But here in the same chapter we see Ananda's abound riches and wealth leaves one's eyes and mind dazzled. Which force us to think that the chapter of Ananda is not only about a spiritual character but full of interesting descriptions of lavishly lifestyle. Therefore, it is very hard to consider the chapter as a simple description of layman hardship and human effort. At the same time his renunciation was highly thought provoking. Ananda's arduous life leaves great impression on human mind due to his lavish house hold background. In the Upāsakadasā the whole surroundings of Ananda were described to be infested with grace of wealth, happiness, sheer bliss and presence of a king size family. These descriptions were merely needed for a canonical literature dealing with solemn spirituality. Even it had been a part of Mahāvīra's preaching then also it was used to narrate the glory of Ananda's austerity. Therefore the chapter of Ananda apparently resembles with a narrative tale in some respect. Ananda's renunciation and observation of spirituality were results of his self realization. Obviously the current was canalized by physical presence of Lord Mahāvīra.

Main objective of  $Up\bar{a}sakadas\bar{a}$  is to record spiritual achievement of ten  $Up\bar{a}sakas$  in terms of defining the height of arduous evdeavour.  $Up\bar{a}sakas$  are known to be house holders observing comparatively light means of spirituality. Also they are known as *śrāvakas*.  $Up\bar{a}saka$  means those who started approaching to the pure state of soul and hence have a poor quality of clarity in meditation and knowledge while *śrāvaka* means audience of the spiritual order.<sup>1</sup> Here audibility is related to the knowledge of Jain Canonical literature,

which is termed as right faith. Only right faith leads a righteous being to the fifth stage of spirituality, which is known to be the second very initial stage of righteousness. Though the first stage of righteousness starts in fourth *guṇasthāna* (stages of spiritual upliftment), the righteousness in fourth *guṇasthāna* needs no effort, it originates spontaneously. It is lowest and minimum level of righteousness. Whosoever believes in the doctrines of Jainology becomes a *śrāvaka* and he/she belongs to the fifth stage<sup>2</sup>. But a *śrāvaka* can never cross the fifth stage and to opt sixth stage it is necessary to be a monk. It needs extreme purification.

*śrāvaka*-hood comprises three subsequent categories3, such as, *pākṣka, naiṣțika* and *sādhaka*. These categories are determined on the basis of the grade of penances, vows, compulsory duties and subsequent stages of renunciation called *pratimā*, stages of meditation etc. all these practices have great impression on knowledge, faith, conduct and righteousness. All these are some of the qualities become helpful for a corporeal on the head of final renunciation. Digambara texts have defined the *śrāvaka* code of conducts elaborately. Of which some of the books can be mentioned here. *Ratnakarņḍakaśrāvakāra* of Samantabhadra, *Navakāraśrāvakacāra* of Yogendra Deva, *Vasunandiśrāvakācāra, Sāgāradharmāmṛta* of Paṇḍit Āśādhara, *Śrāvakācāra* of Ācārya Padmanandī etc.

An account of  $\overline{A}$ nanda's renunciation has been recorded in different stages of layman endeavour on the basis of his possessions compatible to his austerity. From the description of  $\overline{A}$ nanda's riches and wealth in house hold life it is easily understood that how it would have been difficult for  $\overline{A}$ nanda to adopt  $\dot{sravaka}$ -hood. In the very initial stage of his renunciation when he was heading to bind the limits of his regular essential commodities, a revised list of cosmetics generally used at the time of bath was given which leaves us aback. Then it seems impossible to have an exhaustive account of his lusuries before he stepped into  $\dot{sravaka}$ -hood. In the light of this description we can see how  $\overline{A}$ nanda started his spiritual journey. As per the description of the text  $\overline{A}$ nanda observed the highest level of laymen austere and acquired avadhijñāna at the end of his life. This is so uncommon phenomenon for a layman endeavour that it left great Gautama in a state of doubt. Thus Ananda elevated himself from a common house holder to the observer of avadhijnana, elevated himself from a common house holder to the observer of avadhijñāna, through the subsequent categories of śrāvaka-hood. Now as per the description of the text Ananda's layman life is being examined on the basis of his gradual renunciation and austerities. Though śrāvaka-hood is limited into only fifth gunasthana even it is divided into different categories on which ascending and descending order of one's austerity is decided. śrāvaka-hood comprises twelve fold little vows, eleven subsequent stages of *pratimā*, eight fold key qualities or *mūlagunas* and six kinds of essential duties means sadāvaśyakas and some other miscellaneous duties. A detailed account of these qualities is given here bellow: twelve anuvratas are divided into three classes such as - 1. Fivefold little vows comprise non-violence, non-stealing, abstinence, truth and nonpossession. Actually these vows are specially coded for the ascetics but a follower of Jain religion should practice these vows in a lighter form. 2. Four types of śiksāvratas (re-inforcing vows) comprise deśavrata, sāmāyika, prosadhopavāsa, atithi-samvibhāga vrata. Desavrata means to confine ones wishes (within a certain limit in respect of area). Sāmāvika is to put ones thought into ownself. Posadha means ekāsana (spiritual fasting). To keep fast on the eighth and fourteenth day of every fortnight is known as posadhopavāsa. Atithisamvibhaga means to curtail off a certain amount of food from one's own food for offering to those guests reckoned in the category of eligibility according to their grade. There are three types of guests suitable for offering foods, such as, uttama-Jaina ascetics, madhyamathose who are known as āryikā, elaka, ksullaka, ksullikā and a śravaka observing little vows, then jaghanva-other general people only who follows Jain religion. Those who observe vows and restraint but captured in false hood are to be known as kupātra and those who aberate from religious code of conduct are to be known as apātra4 these two categories should be avoided by a śrāvaka when offering food in order to save ownself from acquiring vices as well. Three types of gunavratas (supplementary vows) comprise a. digvrata, anarthadanda tyaga, bhogopabhogaparimana vrata. Digvrata means

having drawn a certain limit of movement in each direction. According to Jain belief ten directions have been taken into consideration in this context *Anarthadanda tyāga* means to curtail some articles and commodities of regular use towards minimizing ones need and enjoyment.

Every single little vow has various counterparts which are called *aticāras* in Jain terminology. Those who aberate practicing little vows in real sense they are called strayers and they abnegate themselves from enjoying the fruit of deeds. These *aticāras* are given bellow :

non-voilence: *chedana* (to split), *bandhana* (arresting), *pīḍaṇa* (giving pain), *atibhāra ropaṇa* (embarrassing with extra loads), *bhaktapānovaccheda* or *āhāraṇa* (stop providing food and water etc.) (according to *Digambaras*) and *bandha*, *vadha chaviccheda*, *atibhāra* and *bhakta pānovaccheda* etc. are considered by *Śvetāmbaras*.

Non-stealing : according to *Digambaras aticāras* are as : *cauraprayoga, caurārtha-ādāna, vilopa, hīnādhika-vinimāna, pratirūpaka-vyavahāra.* According to Ardhamāgadhī literature *aticāras* are as : *teņāhde, takkaroppaoge, viruddha rajjatikkame, kūdatūla-kūdamāņe, tappadirūvaga* vavahāre etc. ; otherefore, *vilopa* and *viruddha-rajjatikkame* seems similar kind of activity. It means unlawful activities to plunder others property, to occupy else's land, house, office etc. illegally.

Though names are different in *Digambara* and *śvetāmbara* but most of the *aticāras* resemble with each other in both the sects. Parallel numbers are given here.

Digambara	Śvetāmbara
Anyavivāha karaņa	para vivāha karaņa
anaṅga krīḍā	ananga kiḍḍā
kāmatīvrābhiniveśa	kāmabhoge tivvābhilāse
itvarikā gamana	ittariya pariggahiyā gamaņe

A point of confusion is found between Digambara's vitatva and Śvetāmbara's apariggahivā gamane. Digambaras present five varieties of aticāras including vitatva. Whereas Śvetāmbaras present apariggahiyā-gamane. Vitatva and apariggahiyā-gamane differ from each other. The meaning of vitatva lies in coquetry with the gesture of sex urge. Whether apariggahiyā-gamane means enjoying amorous sport with a woman not married yet. In ittariya pariggahiya-gamane Śvetāmbaras include two different words itvarika and parigrhitā in two different meanings. In the same category aparigrhitā could be included as these three words are used to indicate three types of women hood. Itvarika should be itvarika when it is referred to feminine sense as it happens to see in the following word parigrhitā. Then it would be ittariyāpariggahiyāgamane by euphonic combination. Out of this combined form we can derive apariggahiyā too. Then it remains needless to form another aticara with the word apariggahiya. There fore it semms that the sense of vitatva was omitted at the time of editing of Ardhamāgadhī literature and somehow another aticāra was managed to fill up the number of five there.

Aticāras of truth: parivāda, rahobhyāna, kūṭalekhā kriyā, paiśunya, nyasāpahāra etc. are considered by the Digambaras. sahasābbhakkhāņe, sadāramanta-bheye, mosavaese, kūḍalekhākaraņe etc. are considered by Śvetāmbaras. Those which resemble with each other between Digambaras and Śvetāmbaras are given bellow:

Digambara	Śvetāmbara
Rahobhyākhyāna	rahassabbhakkhāņe
kūțalekhā kriyā	kūḍalehākaraņe

Parivāda means using slang words when criticizing others. Paiśunya means to tell ones secret to others. Śvetāmbara's sadāramanta-bheye is very close to paiśunya. Nyasāpavāda or nyasāpahāra and mosavaese have to no resemblances with each other.

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*aticāra* of non-possession : *Digambaras* count *ativāhana, ati-samgraha, ati-vismaya, atilobha, atibhāra-vahana* etc. whereas there are *khetta-vatthu-pamāņātikkame, dhanadhaņņa pamāņātikkame, dupaya-caupaya pamāņātikkame, kuviya pamāņaātikkame,* etc. in Ardhamāgadhī literature. Those which resemble with each other in both the sects are given bellow :

Digambara	Śvetāmbara	
Ativāhana	dupaya caupaya pamāṇātikkame	
Ati saṁgraha	other four	

Though these are only little vows that mean simpler form of great vows but the means of the little vows are notably different from the great vows of the *Śvetāmbara* literature. Where they differ from each other is shown bellow :

Great Vows	śvetāmbara (small vows)
ahiṁsā	pāņāivāyaveramaņa
satya	musāvāa veramaņa
acaurya	adiņņādāņaveramaņa
brahmacarya	sadāra santosiya
aparigraha	icchā parimāņa

Similarly other *śikṣāvratas* and *guṇavratas* have number of *aticāras*. Ānanda takes oths to observe twelve fold little vows before Lord Mahāvīra. Thus he enters into the first step of *śrāvaka*-hood. Though this much of information does not help up to define any category of *śrāvaka*-hood, but it helps us to know the procedure of attaining *śrāvaka* life in light of the Jain customs.

Attainment of  $pratim\bar{a}^5$  is one of the essential qualities of *śrāvaka. Pratimā* is known to be the grade of spiritual progress in terms of renunciation. There are eleven types of *pratimās*. The name of the *pratimās* are given bellow :

1. dārśanika, 2. Vratika, 3. Trikāla sāmāyike pravŗtta, 4. proṣdhopavāse pravŗtta, 5. Sacitta parihāra, 6. Divā brahmacarya, 7. sarvathā brahmacarya, 8. Ārambha nivŗtta, 5. Parigraha nivŗtti, 10. Anumata nivŗtti, 11. Uddiṣṭāhāra nivŗtti. The eleventh pratimā is divided into two classes-those who hold only one piece of cloth, are known by the term kṣullaka,<sup>6</sup> and those who hold only kaupina are known as elaka<sup>7</sup>. A śrāvaka must have eight fold mūlaguņas. Renunciation of honey, meat, alcohal and five kinds of undumbaraphalas (fruits called undumbara) is known as mūlaguņas.

Another four types of *dharmas* are prescribed for *śrāvakas*, such as-*dāna*, *pūjā*, *śīla* and *upavāsa*.

Those who observe all above śrāvaka codes are called śrāvakas. But as said above śrāvakas have three categories such as pākṣika, naiṣṭhika and sādhaka. Pākṣika is a term that derived from the word pakṣa. maitrī (amity), kāruṇya (compassion), pramoda (bliss), mādhyastha (impartiality or balanced) are the qualities by which one abjures every kinds of violence generally occurred through asi (defence services), masi (office jobs), kṛṣi (agriculture) and vāṇijya (commerce), it is known as pakṣa8 according to Jain belief.

One, who has faith his own religion and hence follows the same, is called  $p\bar{a}k\bar{s}ika$ . Here religion means Jain path of spirituality.  $p\bar{a}k\bar{s}ika$ śrāvakas are known to in the ab initio state of purification and having no I pratimā at all<sup>9</sup> before meeting Lord Mahāvīra Ānanda śrāvaka was a layman. After having met Mahāvīra, he observed twelve fold vows and thus he stepped into the first stage of śrāvaka-hood and became  $p\bar{a}k\bar{s}ika$ .

The second stage is called *naisthika*<sup>10</sup>. But there is one another stage of *śrāvaka*-hood in between *pāksika* and *naisthika*, which is known as *caryā-hood*<sup>11</sup>. The *śrāvaka* who attains this state is called *caryā-śrāvaka*. A *caryā-śrāvaka* observes little vows and so attains

pratimās upto tenth number anumata-virata-pratimā with mūlagunas as well<sup>12</sup>, where as  $p\bar{a}ksikas$  do not observe vows so they are told to be avratīs. The question arises here-a śrāvaka should be known by his vows and pratimās, then how pāksikas are called as śrāvakas without any vow? The answer was found in the Digambara literature in the context to be minimum but essential code of conduct for a śrāvaka not attaining any vow such as rātri-bhojana viramana, sacitta-tyāga, intaking only boiled or refined water etc. thus as rātribhojana viramana, sacitta-tyāga, intaking only boiled or refined water etc. thus despite of having on the basis of these kulakriyāa. A śrāvaka grows carvā-śrāvaka from the time he hands the house hold life. The second stage of śrāvaka-hood is called naisthika. The term nisthā is used in the meaning of intensified spirituality. So naisthika śrāvaka can have the best quality of leśvā (aural coloration) as well. A śrāvaka reaches to this state by having destruction cum subsidence of the kasāvas causing destruction of partial restraint.

Sādhaka-śrāvaka appears in the third or final stage of śrāvakahood by renouncing food and all activities of mind, body and speech and attaining meditation in pure state of self at the head of death. The definitions of sādhaka are given bellow : *jivitānte tu sādhanam dhyāna* suddhātma sodhanam... (Ma. pu. 39/149). sakala guņa sampūrņasya śarīra kampanocchvāsanonmilanavidhi pariharamānasyalokāgramanasaḥśarīra parityāgaḥ sādhakatvam. (Ca. Sa. 41/2).

Ācārya Amitagati adds six essential duties to it which are given in the following manner *sāmāyika*, *stavan*, *vandan*, *pratikramaņa*, *pratyāna*, *tanūtsarga* etc. (A.g.sra.8/29).

These are *şaḍāvaśyakas*. According to *Cāritrasāra* these *şaḍāvaśyakas* deviate from the above said numbers. These are as follows: *ijyā,vrata,datti, svādhyāya, saṁyama, tapa* etc.

As a *śrāvaka* Ānanda gradually elevated himself to the highest rank of *śrāvada*-hood. An account of his progress is being here. For fourteen of *śrāvaka*-hood Ānanda observed *śīla*, *vrata*, *guņa*, *pratyākhyāna* and *proṣādhopavāsa* etc. (by mentioning) proṣādhopavāsa it has been shown that Ānanda observed the fourth pratimā by that time). It is mentioned in the text thus: tae ņam tassa Ānandassa manovasagassa uccavaehim silavvaya guņaveramaņa. paccakkhaņam posahovavāsehim appaņam bhavemaņassa cauddasa samvaccharāim vikkamtaim.

Then Ānanda appears as a *caryā-śrāvaka*. In the text is mentioned thus: *jeṭṭha puttaṁ kuḍumbe ṭhavittā* ...... *jeṭṭha puttaṁ apucchittā, kollāe sannivese nayakulaṁsi posahasālām paḍilehittā samaṇassa bhgavao Mahāvīrassa aṁtiyaṁ dhamma paṇṇattim uvasampajjittā ṇaṁ viharai*. In this course he observed *vānaprastha āśrama* after renouncing house hold life.

Then Ananda observed all the eleven *pratimas* gradually. The text says : tae nam se Ānande samaņovasae padhamam uvasaga padimam adasuttam ahakappam.....arahei. tae nam se Ānande samanovasae doccam ahasuttam ahakappam.....kittei arahei. Here Ānanda stands as a naisthiaka śrāvaka. Then Ānanda acquired avadhijñāna<sup>14</sup>. The territory of avadhijñāna was vast. The text mentions this as follows : puratthime nam ...... jānai pāsai. Then Ānanda got to be sādhaka by observing fast until death. It is told in the text thus : Anande namam ...... anavakamkhamane viharari. Ānande ...... kidikidivā bhūe kise dhamanī samtae jāe. Ānanda practiced spiritual austere as a śrāvaka for long twenty years out of which sex years he lived alone by renunciation of house hold life. Within six years of *śrāvaka*-hood he observed *pratimās* and appeared as naisthika and sādhaka-śrāvaka accordingly. Then Ananda left for another journey of life after having death and appeared in the Saudharmakalpa by the excellence and grace of his penance and spiritual practices.

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  - B. dāna yajana pradhāno, jñāna sudhām śrāvakaḥ pipāsuḥ syāt (1/15) Sāgāra Dharmāmṛta
  - C. saddrg......yah śrūyate yativrata ratastamśraddadhe śrāvkam. (1/16) Sāgāra Dhramāmŗra
- 2. Sa pañcama guṇasthāna varttī śrāvako bhavati Dravya Saṁgraha ṭīkā 13/34/5
- 3. A. sādhakatvamevam pakṣādibhirhimsādyupacitam pāpam apagatam bhavati. Cāritra Sāra 41/3
  - B. pākṣikādibhi tredhā śrāvakastatra pākṣikaḥ. Sāgāra Dharmāmṛta 1/20

4. .....śrāvak pratidin apne bhojan se uttam madhyam aur jaghanya tīn prakār ke pātroñ ki pratīkṣā kartā hai. Samyaktva sahit muni uttam pātra hai, āryikā, elak, kṣullak, kṣullikā athvā vratī śrāvak madhyampātra hai tathā śeṣ samyak dṛṣṭi sādharmī jan jaghanya pātra kahalāte haiñ. Iske viparī mithyā dṛṣṭi vratī saṁyamī kupātra haiñ tathā samyaktva aur śīl vratoñ se rahitvyakti apātra kahalāte haiñ. Śāstra sāra samuccaya, caraṇānuyoga, śrāvakācā, atithi saṁvibhāga vrata (hindī ṭīkā).

- 5. a. dāršanika...vratika...trikāla sāmāyike pravŗttaķ prosadhopavāse, sacitta parihāreņa paķcamaķ, divā brahmacryeņa sasthaķ, sarvathā brahmacaryeņa saptamaķ, ārambha nivŗttostamaķ....parigraha nivŗtto navamaķ....anumata nivŗtto dašamaķ uddistāhāra nivŗtta ekādšamaķ. Dravya Samgraha Ţīkā 45/195/5
  - b. damsana vaya sāmāia posaha sacitta rāibhatte ya. bambhārambha pariggaha aņumana uddiţtha desa viradede. Bārasa Anupekkhā. 69
- 6. a. kaupīnasamkhyāna (dharaḥ) Sāgāra Dhrmāmrta 7/38
  - b. kşullakah komalācārah.... Eka vastram sakopīnam Lātī Samhitā 7/63

- c. sita kaupīna samvyānah Sāga Dhrmāmrta 7/38
- a. eārasammi ţhāņe ukkiţţo sāvao have duviho vatthekka dharo padhamo kovīņa pariggaho vidiho. Vasunandī śrāvakāvāra 301
  - b. ekādaśa-vratasthau dvau sto dvau nirjarakau kramāt. 7/55. tatrailakah grhņāti vastram kaupīna mātrakam. 7/56. Lātī samhitā

8. tatra pakṣo hi Jainānām krtsna himsā vivarjanam. Maitrī pramoda kāruņyamādhyasthairupabrmhitam. Mahā Purāṇa 39/146

9. nettham yah pāksikam kaścid vratābhāvādastyavratī. (2/47) Darśana pratimā nāsya guņasthānam na pañcamam. kevalam pāksikah sah syādguņasthānādasamyatah. 3/131 Lātī Samhitā.

10. deśayamaghna kaṣāya- kṣayopaśamaa tāratamya vaśataḥ syāt. Darśanikādyekādaśadśāvaśo naiṣṭhikaḥ suleśyantaraḥ. Sāgāra Dharmāmr̥ta 3/1.

11. himsā sambhave prāyaścitta vidhinā viśuddhah san parigraha parityāga karaņe sati sva grham dharmam ca veśyāya samarpya yāvat grham parityajati tāvatasya caryā bhavati. Cāritra Sāra 40/4.

*12. Caryā -- dārśanikārabhyānumati...grhatyāgaparyantamityādi, Sāgāra Dharmāmŗta,* first chapter, p.38.

13. evameva ca sā cet stāt kulācāra kramāt param. Vinā niyamāditāvat procyate sā kulakriyā. Lāţī samhitā 3/129.

14. a. amtma khamdamtāim parayāņuppaduhi mutti davvāim, jam paccakkhai jāņai tamohiņāņam ti ņāyavvam. Tiloya Paņņattī 4/972.

b. paramāņu pajjamtāsesa poggala davvāņamasamkhejja logamettakhetta kāla bhāvāņam kamma sambandha vaseņa poggala bhāva muvagaya jāva....Kasāya Pāhuḍa 1/1/s.28/43.

c. ohiņāņam nāma davva khetta kāla bhāva viyappiyam poggala davvam paccakkham jāṇadi. Dhavalā 1/1,1,2/93/7

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#### JAIN BHAWAN : ITS AIMS AND OBJECTS

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- 1. To establish the greatness of Jainism in the world rationally and to spread its glory in the light of new knowledge.
- 2. To develop intellectual, moral and literary pursuits in the society.
- 3. To impart lessons on Jainism among the people of the country.
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#### 5. Journals:

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scholar Professor Dr Satya Ranjan Banerjee of Calcutta University. The *Jain Journal* and *Śramana* for over thirty seven and thirty years respectively have proved byond doubt that these Journals are in great demand for its quality and contents. The *Jain Journal* is highly acclaimed by foreign scholars. The same can be said about the Hindi journal *Titthayara* which is edited by Mrs Lata Bothra. In April this year it entered its 25th year of publication. Needless to say that these journals have played a key-role in propagating Jain literature and philosophy. Progressive in nature, these have crossed many milestones and are poised to cross many more.

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